



Health and Wellness News

Examples of Ohio hospital projects designed to improve community health as well as information on potential funding sources for wellness project and general health promotion news of interest to hospitals.

Issue: January/February 2010

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Bill Attempts to Ban Junk Food in Schools

January 11, 2010

Lawmakers advanced a bill [HB 60, sponsored by Connie Pillich (D-Montgomery)] in mid-December that would restrict snacks schools sell to students. It would ban high-calorie, salty and sugary snacks and only allow food that meets certain nutritional standards. Younger students' choices will be more limited. For example, students from kindergarten to sixth grade wouldn't be able to buy snacks that exceed 150 calories. Regardless of grade level, fat content must not exceed 35 percent of total calories and sugar content cannot exceed 35 percent by total weight. An Ohio Department of Health survey of third-graders indicated more than 18.9 percent are overweight and another 16.7 percent are at risk for being overweight. Nationally, one-third of children ages 2 to 19 are already obese or overweight. [View a Dayton Daily News article.](#)

New Healthy Choices Program Aims to Combat Childhood Obesity

January 11, 2010

An initiative of the Ohio Children's Hospital Association and the Ohio Business Roundtable plans to combat childhood obesity in Ohio. The initiative includes input from the Healthy Choices for Healthy Children Coalition, SB 210, sponsored by Sens. Kevin Coughlin (R-Cuyahoga Falls) and Eric Kearney (D-Cincinnati), and HB 373, sponsored by Rep. John Carney (D-Columbus), and focuses on school-based solutions to Ohio's obesity challenge. OHA and several Ohio hospitals are members of the Healthy Choices for Healthy Children Coalition that helped shape this initiative. Visit the [Healthy Choices for Healthy Children Web site](#) for updates and more information.

New Grant Opportunities Available

January 11, 2010

Office Depot supports local nonprofit organizations that directly affect the health, education and welfare of children through its Taking Care of Kids & Schools grants program. Funds should be used to directly provide services. For more information, visit [Office Depot's Web site](#). Funding opportunities are also available through the [Office Depot Foundation](#).

Another opportunity is available through the Johnson and Johnson Family Fund, which supports a wide range of giving programs focused on women's and children's health, community responsibility, disaster relief, access to care, advancing health care knowledge and global public health. For more information, visit Johnson and Johnson's [community](#) and [corporate-giving](#) Web sites.

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